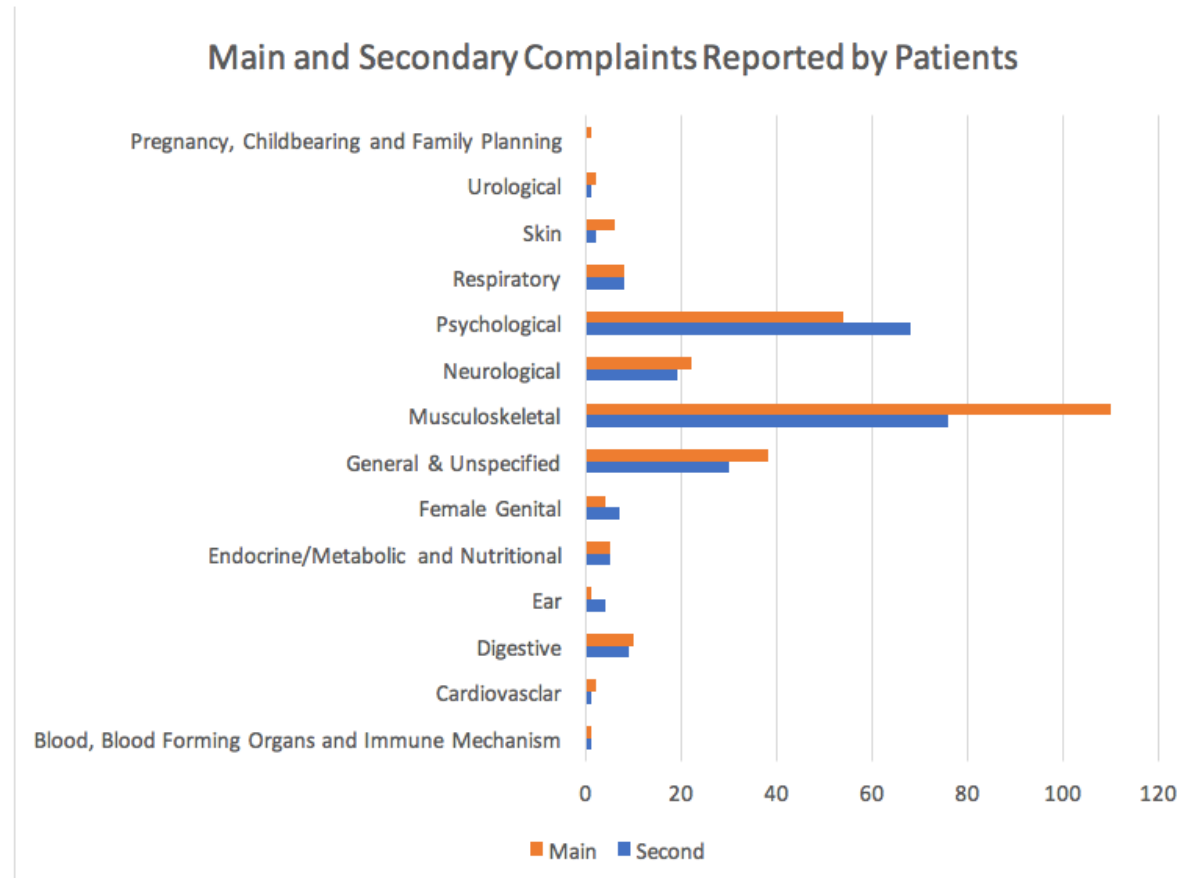
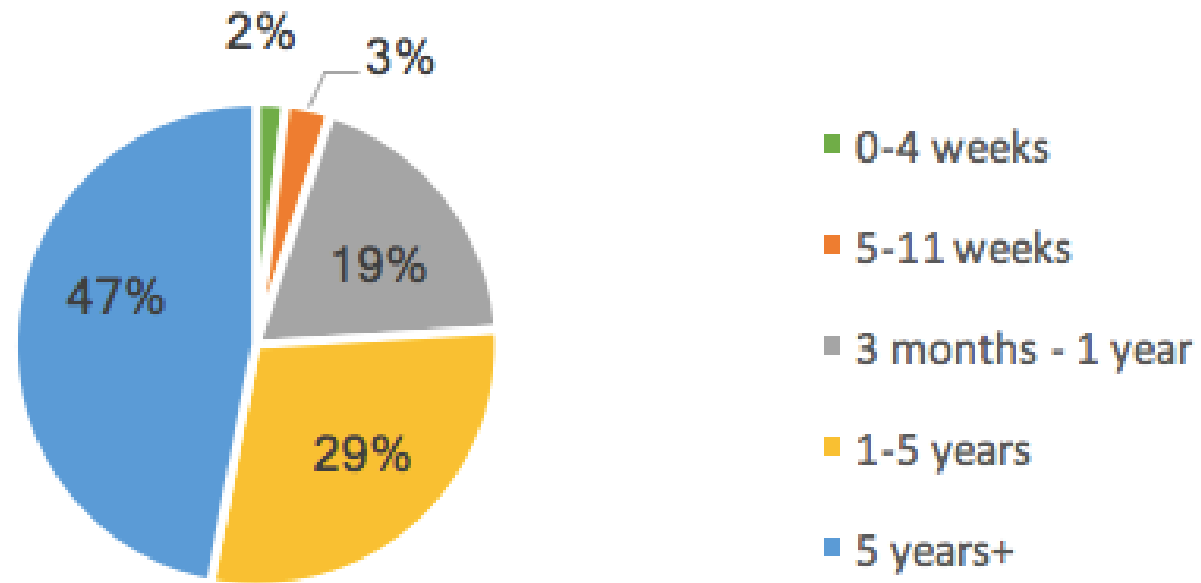


CLINICAL YEAR PATIENT EVALUATION - TAA

- 266 patients over 1651 treatments

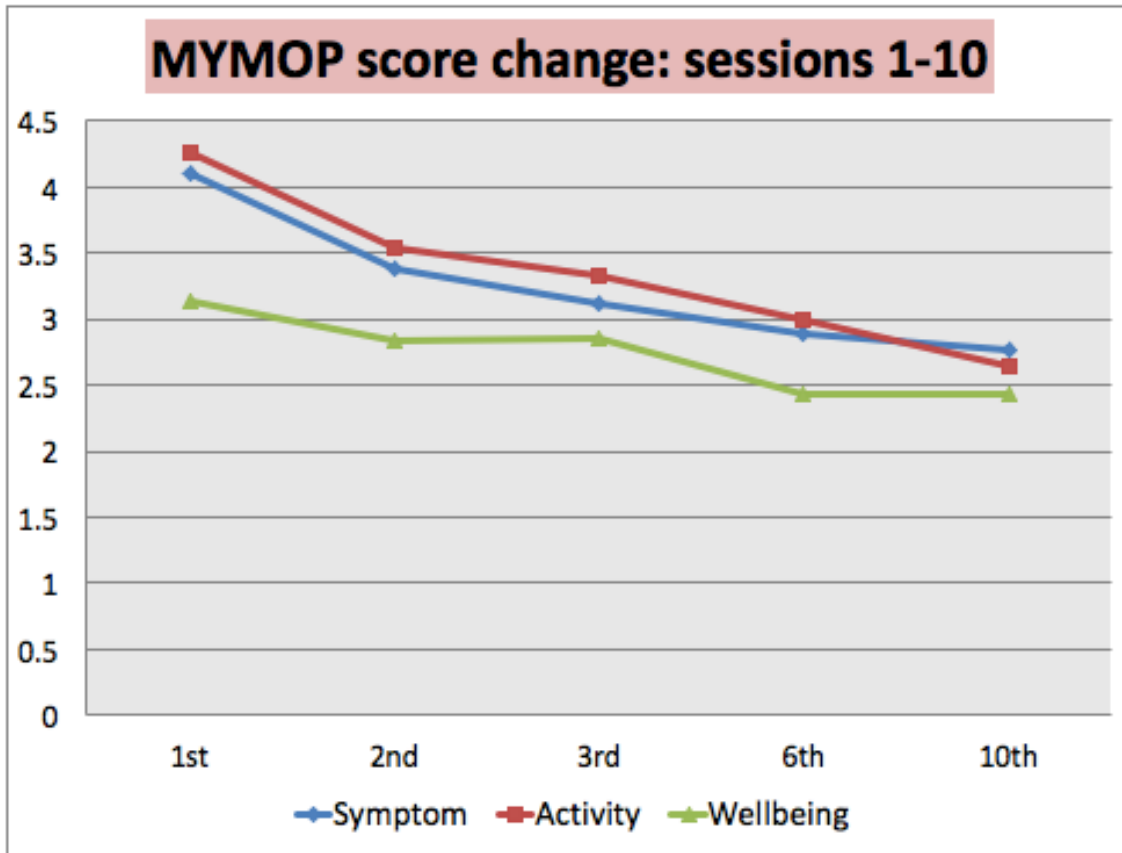


Chronicity of main complaint

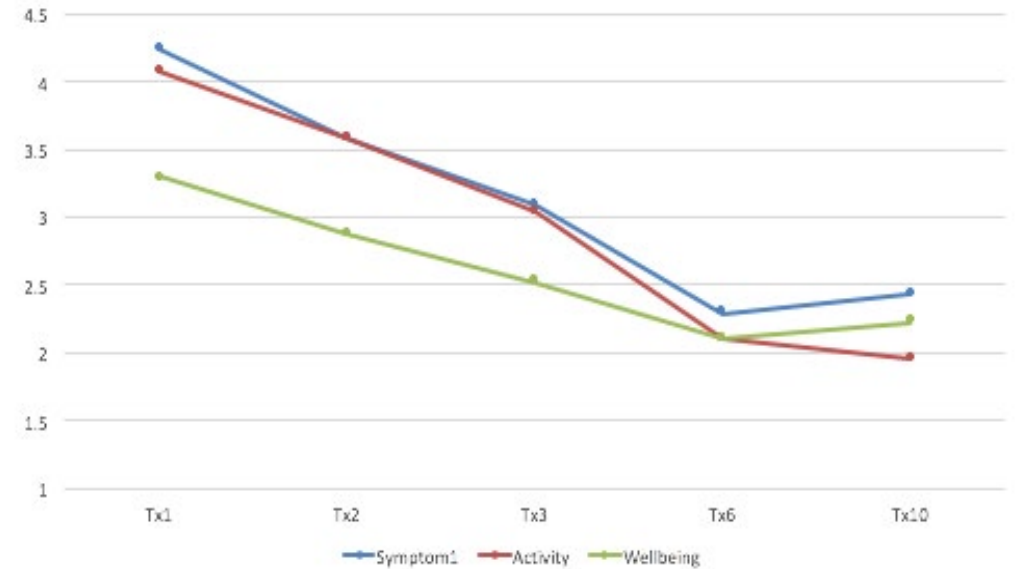


Results

- At treatment five:
- 91% - improved symptom 1
- 88% - improved symptom 2
- 94% reported feeling better overall
- 90% continuing treatment, 98% would recommend to a friend



TAA MYMOP score changes 1-5...



0-5 scale where a change of 1 is 'clinically significant for the patient' -

- 1.28 average score change for 5 colleges
- 1.93 average score change for TAA patients

Mental wellbeing for students - TAA

	Before Tx	After Tx ⁸	Improvement in MYMOP rating	Percentage of patients reporting at least a 1- point improvement
Symptom 1 (n=38)	4.66	1.95	2.71	97%
Symptom 2 (n=38)	4.53	1.95	2.58	92%
Activity 1 (n=37)	4.89	1.92	2.97	92%
Activity 2 (n=32)	4.69	1.94	2.75	94%
Wellbeing (n=38)	3.89	1.92	1.97	82%
Impact on life generally (n=38)	4.13	1.71	2.42	89%
Impact on studying (n=38)	3.89	1.61	2.28	79%

Anxiety/depression scores...

GAD7 Scores at Tx1 and Tx8:

	Tx1	Tx8
No/Minimal anxiety (0-4)	3%	50%
Mild anxiety (5-9)	29%	39%
Moderate anxiety (10-14)	39%	8%
Severe anxiety (15-21)	29%	3%

PHQ9 Scores at Tx1 and Tx8:

	Tx1	Tx8
No/Minimal Depression (0-4)	13%	58%
Mild Depression (5-9)	18%	26%
Moderate Depression (10-14)	34%	13%
Moderately Severe Depression (15-19)	30%	0%
Severe Depression (20-27)	5%	3%

5E acupuncture for IBS – pilot RCT

- Highly statistically significant difference between groups in all outcome measures (p=0.001)

